Mount Madonna Institute

Mount Madonna Institute is Accredited by the WASC Senior College and University Commission.

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Study Ayurveda at MMI

- WASC Accredited Institution
- NAMA Recognized Programs
- Classical Texts
- Diverse Faculty
- Blended Approach to Instruction: In-person, Synchronous, Asynchronous
- Small Class Sizes
- Integrated Curriculum Includes Sanskrit and Yoga Throughout

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Ayurveda Students Develop Skills

Ayurvedic Health Counselor

- Constitutional Assessment
- Yoga and Meditation
- Sanskrit
- Ayurvedic Anatomy, Physiology and Biology
- Ayurvedic Nutrition and Herbology
- Ayurvedic Psychology
- Ethics, Counseling, and Western Interface
- Ayurvedic Therapies
- Jyotish: Vedic Astrology
- ENT and Sense Therapies
- Women's and Children's Health
- Ayurvedic Practices for Daily Life

Ayurvedic Practitioner and Masters

- Diagnostics
- Pathology
- Disease Management
- Ayurvedic Systems Approach
- Classical Texts
- Case Study Presentations
- Herbal Formulation
- Panchakarma Practicum
- In-person Clinical Practicum
- Research Methods

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Scope of Practice

Ayurvedic Health Counselor

- AHC focuses on education and promoting health through diet and lifestyle recommendations.
- Use of 20 approved herbs and 4 herbal formulas.

Ayurvedic Practitioner and Masters

- AP/MA focuses on disease pathology as seen through an Ayurvedic lens.
- Use of diet, lifestyle, herbal formulas and Ayurvedic therapies for treatments and recommendations.
- Use of over 70 herbs and herbal formulas under the NAMA herb list.

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Ayurvedic Practitioner or Masters of Arts in AY

If you have a BS or BA you may apply to the Master of Arts - Ayurveda Program

Starts September 2022 (September 15, 2022- April 24, 2024)

Program Page

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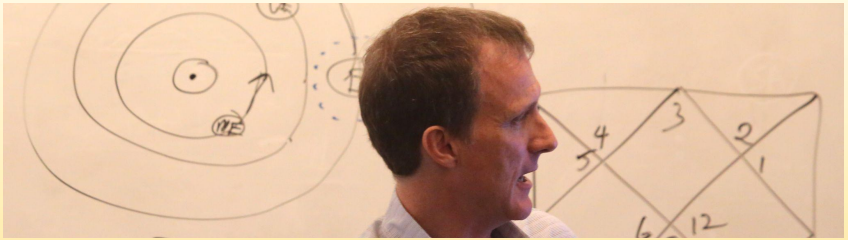
Prerequisites

Ayurvedic Practitioner

- Completion of AHC program
  - If AHC was not completed at MMI, pass NAMACB AHC exam OR MMI AHC exam
  - AHC completed before 2013 may have gap courses to complete before entering
- High School Diploma
- 6 College Credits of Anatomy & Physiology



Masters of Arts – Ayurveda

- Completion of AHC program
  - If AHC was not completed at MMI, pass NAMACB AHC exam OR MMI AHC exam
  - AHC completed before 2013 may have gap courses to complete before entering
- Bachelor of Arts or Science degree
- 6 College Credits of Anatomy & Physiology

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AP Program

Program Page

- Once per month: In-person Course weekends at Mount Madonna in Watsonville, California
- Online Monday night classes and integration, from 5:00 to 8:00 pm, 3 times per month
- Two Friday morning Sanskrit class per month online.
- Orientation: Online
- Internship on site with clients; online follow ups
- Asynchronous work completed on your own time

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MA Program

Program Page

- Same coursework and schedule as the Ayurvedic Practitioner program
- Complete an additional MA level assignment for each course
- Case studies presentation
- Extracurriculars (Research)
- Clinical Apprenticeship

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AP/MA Content Delivery Format

One Intensive Weekend **In person** Thursdays 2:00 pm – Sundays 5:00 pm (Yoga & Coursework)	**33.5 hours**
Three Monday Nights (online): Coursework & Integration	**9 hours**
Two 2-hour Friday Morning Sanskrit Classes (online)	**4 hours**
Homework & Asynchronous Work (the MA has ~15 hrs. more)	**95-110 hours**
Additional hours required for completing homework.	**~140-155 hrs p/month**

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AP/MA In Person Sessions Calendar

Month	Days	Year
September	15-18	2022
October	13-16	2022
November	10-13	2022
December	8-11	2022
January	12-15	2023
February	16-19	2023
March	9-12	2023
April	13-16	2023

Month	Days	Year
May	11-14	2023
June	8-11	2023
July	13-16	2023
August	10-13	2023
September	14-17	2023
October	12-15	2023
~~November~~	~~9-12~~	~~2023~~ OFF
December	7-10	2023

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Ayurveda Financial Details

Ayurvedic Practitioner Begins September 15, 2022	Master of Arts - Ayurveda Begins September 15, 2022	Ayurvedic Health Counselor Begins January 3, 2023
Tuition: $18,950	**Tuition: $23,950*** *total (includes AP)	**Tuition: $9,670**
Application Deadline Early Bird: July 15, 2022 Regular: August 15, 2022	**Application Deadline** Early Bird: July 15, 2022 Regular: August 15, 2022	**Application Deadline** Early Bird: October 31, 2022 Regular: November 30, 2022

Payment plans allow students to spread the cost of tuition over the full length of the program and make monthly payments.

Tuition & Fees

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