Course	Ayurvedic Practitioner: Rogi-Roga Pariksha - Diagnostic Methods
Date & Time	Sept. 17th 11-2 pm, 2:30-5:30 pm, 6:30-8:30 pm Sept. 18th 9:30-12:30 pm, 1:30-2:30 pm
Location	Live online or in-person at Mount Madonna Institute
Professor	Dr. Dhaval Dhru
Instructor	Jackie Christensen, PhD, MA Ayurveda
Contact information	tiffany@mountmadonna.org (408) 846-4060
Office Hours	Available by appointment via WhatsApp or Zoom
Prerequisites	None
Catalog Description	This course builds skills in clinical assessment (*pariksha*). Students learn and practice many different Ayurvedic diagnostic techniques (pulse, tongue, nails, skin, speech, eyes, etc.) and learn to evaluate their findings in terms of health and disease. Students differentiate between techniques that are important to use in each case and those that are particular to a disease system.
Institute Learning Outcomes	1: **Intellectual Inquiry** MMI graduates explore purpose and meaning through scholarly activity and demonstrate skill in critical thinking and effective communication. 2: **Personal, Professional, and Social Responsibility** MMI graduates demonstrate ethical reasoning, intercultural awareness, leadership and collaboration, and commitment to service. 3: **Integrative Knowledge** MMI graduates synthesize body-mind-spirit knowledge, experiences, skills and practices to promote optimal well-being in themselves and in their communities. 4: **Specialized Knowledge** MMI graduates creatively apply knowledge, theories, methods and practices in their chosen field to contemporary life opportunities and challenges.
Program Learning Outcomes	1: **Ayurveda Framework of Health:** Apply Ayurveda framework when considering disease prevention and management. The student will be able to analyze, develop and evaluate the Ayurveda framework for disease prevention and management for optimal well-being. 2: **Clinical Practice:** Demonstrate synthesis and application of the Ayurveda Framework through supervised clinical experience and patient assessments. The student will be able to investigate, design and document therapeutic recommendations. 3: **Research Literacy**: Investigate, integrate and assess research for scholarly enhancement in the field of Ayurveda. The student will be able to identify, interpret, examine, and synthesize research on disease prevention and management as it applies to Ayurveda. 4: **Ayurveda Integration:** Function effectively as an Ayurveda health specialist, adapting Ayurveda for an integrative approach to health. The student will be able to interpret, discriminate, and formulate the Ayurveda framework with a clear understanding of their scope of practice within healthcare subsystems to deliver excellent care and education for clients and the community.
Course Learning Outcomes	• Differentiate among the different types of rogi pariksha. • Discriminate among the subdoshas, their sthana and their normal physiological function.

	• Give an example of how an abnormal physiological function of each subdosha could be determined through a diagnostic methods. (Subdosha>abnormal function>diagnostic method) • Explain the difference between dosha vriddhi and dosha kshaya. • Explain how the vitiation of dosha and dushya (dhatus and malas), agni and ama can lead to disease. • Name and categorize the most commonly used diagnostic tools and explain them simply. • Create a Client Intake Form to be used as a diagnostic tool. • Develop a Diagnostic Handbook or binder that will track Diagnostic Methods per srotas/system (signature assignment).
Pre-reading	• *Textbook of Ayurveda,* Vol. II, Vasant Lad, Read Chapters 4-6, pages 57 - 151 (lots of visuals). • *Diagnostic Methods in Ayurveda*, Sharma, Read Chapters 1, 3, 4, 6. (Ch 2 & 5 beneficial but not required).
Course materials	Notebook or binder, computer recommended.
Course Format	Contact Hours: Live online or In Person Lecture (12 hours) Homework: Prereading and Test (3 hours)
Grading Criteria	Test
Course Requirements	1. Student must attend 90% of the class to receive attendance credit. If the student misses the class, she/he must make it up by contracting with the Instructor to cover the material for meeting the class requirements for homework and the tests. 2. Student will engage with the professor, instructor and fellow students during discussions, laboratory and group work. 3. No mobile phone use during class; all phones must be silenced or off. Only water or tea is allowed in the classroom during class. There are breaks every hour; we ask students to refrain from leaving the classroom until the break if possible. Students may take notes on a computer or tablet.
All College Policies	Detailed in CATALOG: General Policies as applicable for attendance, and Satisfactory Progress in Course.
Information Literacy	Students must be able to recognize when information is needed and have the ability to develop effective research strategies to locate, retrieve, and critically evaluate the quality and appropriateness of the needed information through the use of information technology tools. They should be able to synthesize document sources with standard citation formats and communicate the obtained information in a format suitable for the audience or purpose of the assignment. Students should understand some of the legal and ethical issues related to information and its use with proper attribution and compliance with the College's policies on access and computer usage. The College Librarian is available to assist with print and digital research sources and can also provide access to off-campus sources of information.