



Date	January 14-15 th 2023
Location	Live Online
Professor	Krista Farey M.D.
Instructor	Jackie Christensen, PhD, MA Ayurveda
Contact information	<i>jackie@moutmadonna.org cell: 831-818-6660</i>
Office Hours	Available by appointment via WhatsApp or Zoom
Prerequisites	None
Catalog Description	This course will review commonly used tools in allopathic medicine and common allopathic diagnostic and therapeutic approaches for cardiovascular, endocrine, infectious and gastrointestinal disease including lab analysis, imaging, pharmaceuticals, and surgery. The course will also examine the relationship between Ayurveda and allopathy as systems, exploring ways to work collaboratively. Basic principles of Functional Medicine and how it can complement Ayurveda will also be explored.
Institute Learning Outcomes	<p>1: Intellectual Inquiry MMI graduates explore purpose and meaning through scholarly activity and demonstrate skill in critical thinking and effective communication.</p> <p>2: Personal, Professional, and Social Responsibility MMI graduates demonstrate ethical reasoning, intercultural awareness, leadership and collaboration, and commitment to service.</p> <p>3: Integrative Knowledge MMI graduates synthesize body-mind-spirit knowledge, experiences, skills and practices to promote optimal well-being in themselves and in their communities.</p> <p>4: Specialized Knowledge MMI graduates creatively apply knowledge, theories, methods and practices in their chosen field to contemporary life opportunities and challenges.</p>
Program Learning Outcomes	<p>1: Ayurveda Framework of Health: Apply Ayurveda framework when considering disease prevention and management. The student will be able to analyze, develop and evaluate the Ayurveda framework for disease prevention and management for optimal well-being.</p> <p>2: Clinical Practice: Demonstrate synthesis and application of the Ayurveda Framework through supervised clinical experience and patient assessments. The student will be able to investigate, design and document therapeutic recommendations.</p> <p>3: Research Literacy: Investigate, integrate and assess research for scholarly enhancement in the field of Ayurveda. The student will be able to identify, interpret, examine, and synthesize research on disease prevention and management as it applies to Ayurveda.</p> <p>4: Ayurveda Integration: Function effectively as an Ayurveda health specialist, adapting Ayurveda for an integrative approach to health. The student will be able to interpret, discriminate, and formulate the Ayurveda framework with a clear understanding of their scope of practice within healthcare subsystems to deliver excellent care and education for clients and the community.</p>
Course Learning Outcomes	<p>1. Understand the basic principles of laboratory biochemistry.</p> <p>2. Compare and contrast functional and pathological laboratory evaluations.</p>
Course Syllabus	

3. Interpret and present lab findings to clients in both physiological and Ayurvedic terminology.
4. Correlate and compare health imbalances in both doshic and allopathic perspectives.
5. Recognize pathology and know when to refer for further testing or more comprehensive management.

Course materials

Notebook or binder, computer recommended.
Electronic spreadsheet and/or workbook for herbs and formulas.

Course Format

Contact Hours: Live Lecture 12 hours

Grading Criteria

Test

Course Requirements

1. Student must attend 90% of the class to receive attendance credit. If the student misses the class, she/he must make it up by contracting with the Instructor to cover the material for meeting the class requirements for homework and the tests.
2. No mobile phone use during class; all phones must be silenced or off. Only water or tea is allowed in the classroom during class. There are breaks every hour; we ask students to refrain from leaving the classroom until the break if possible. Students may take notes on a computer or tablet.

All College Policies

Detailed in CATALOG: General Policies as applicable for attendance, and Satisfactory Progress in Course.

Information Literacy

Students must be able to recognize when information is needed and have the ability to develop effective research strategies to locate, retrieve, and critically evaluate the quality and appropriateness of the needed information through the use of information technology tools. They should be able to synthesize document sources with standard citation formats and communicate the obtained information in a format suitable for the audience or purpose of the assignment. Students should understand some of the legal and ethical issues related to information and its use with proper attribution and compliance with the College's policies on access and computer usage.

The College Librarian is available to assist with print and digital research sources and can also provide access to off-campus sources of information.